

ACTIVITY PLAN 2023

Workshops: “Establishing New Narratives”

The workshop series *Establishing New Narratives* builds on our earlier series *Breaking the Borders*, which focused on breaking taboos and stigma surrounding sexuality and gender identity. These workshops are shaped through ritual, spirituality, and different art forms. The series centers new decolonial and intersectional narratives for and by BIPOC LGBTQI+ people. Where the first year introduced participants to a “new world,” this year’s workshops guide participants further into the imagined future world of **QueerTopia**.

Workshop: “Connecting Bodies”

The workshop *Connecting Bodies* emerges from the series *Creating a New World*. This workshop uses rope, ritual, and spirituality to help participants reconnect with their own bodies and learn to be in contact with other types of bodies. The aim is to support participants in processing and overcoming certain forms of (physical) trauma.

Fite Qlub Festival

The Fite Qlub Festival is an annual event with themes shaped by the needs and wishes of the community. The theme for 2023 is “**Back to the Body**”, focusing on mental health in relation to the body within the LGBTQIA+ community—particularly for those who struggle to connect with their bodies, such as trans and non-binary people.

The festival includes approximately eight workshops and a communal dinner. The intention is to create a “community home”—a space where people can walk in, participate in activities, and enjoy being together.

Queer City

Queer City is a monthly event organized in collaboration with Pakhuis de Zwijger. Each month we highlight a socio-economic or social theme relevant to the queer BIPOC community, such as mental health and family structures. Every session is approached from an intersectional and decolonial perspective.

The goals of Queer City are:

- increasing visibility of marginalized groups
 - facilitating social conversations
 - raising awareness around key issues affecting the community
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ACTIVITY PLAN 2024

In 2024, Fite Qlub celebrates its five-year anniversary. The organization is ready to take the next step in sustainable community building through a decolonial and intersectional framework, addressing and combating racism both within and outside the LGBTQI+ community.

Fite Qlub will continue the successful activities from 2023:

- Fite Qlub Community House - Workshop series
- Fite Qlub Festival
- Queer City

Additionally, we aim to create a long-term and structurally embedded **community home base**. We will do this by developing multiple (new) workshop series spread across **38 weeks**, excluding holidays. Each series consists of **4 to 6 sessions**.

New Workshop Series: “Unlearning”

The *Unlearning* workshop series introduces themes such as gender, sexuality, stigma, taboo, shame, and oppression. This body-oriented workshop focuses on unlearning conditioned patterns.

Through social pressure and control, many people internalize behaviors and feelings around certain topics. This workshop series uncovers these internalized patterns and provides tools for dismantling them.

Open Night

After each workshop series, we host an **Open Night**, where the community gathers, shares stories, and expresses current needs.

We work from the central themes of gender and sexual diversity while addressing other forms of oppression through an intersectional and decolonial lens.

Open Nights also allow participants to shape the direction and content of future workshop series.

ACTIVITY PLAN 2025

By 2025, we expect to have grown further as an organization and to have established a strong structural foundation.

Mental Health Network and Support

We aim to develop a community network to support the mental health of the BIPOC LGBTQIAP+ community and strengthen resilience through community-based and professional care. To do this, we plan to collaborate with social workers and therapists. Together, we will address the consequences and impact of exclusion and teach participants how to cope with exclusion through professional guidance.

Since the organization's founding, we have worked to combat discrimination from a decolonial and intersectional perspective. This means we address various forms of *-isms* and *-phobias* as interconnected.

Gender and sexual diversity serve as core lenses through which we address:

- racism
- xenophobia
- anti-refugee sentiment
- classism
- ableism
- Islamophobia
- antisemitism

both within and outside the LGBTQIAP+ community.

Research - QueerCity

The organization will conduct research on the various themes we address. Workshops will then be developed around these findings, allowing participants to deepen their understanding of different forms of discrimination, how they relate to each other, and how they manifest in everyday life. Knowledge, experience, and expertise gathered through this process will also inform **Queer City**, enabling us to reach a broader audience and increase awareness both within and outside the LGBTQIAP+ community.

Fite Qlub Community House

We aim to build the **Fite Qlub Community House**—a weekly gathering space for workshops facilitated by field experts. These workshops require active participation and conclude with music, food, and drinks, allowing participants to connect, share experiences, and build networks.

The workshops focus on:

- gender and sexual diversity
- body movement

- somatic practices
- psychomotor therapy methods

Research shows that movement-based practices and psychomotor therapy have a positive impact on mental health and trauma processing. Using this knowledge and our own experience, we will organize a continuous series of workshops to strengthen resilience against everyday forms of oppression and support participants in coping with trauma and psychological challenges.

Queer Trans Sex Workers Pride

Pride Month is a fundamental brickstone of the LGBTQIAP+ community. During Pride Month we will organize various events where queer, trans and sex workers of colour will be centered. By giving stage, we amplify the voices of the marginalized LGBTQIAP+ community. The main goal of the activities is to gain visibility and education through art, culture, music and performances. By creating a braver space, where different communities come together, we start a dialogue about acceptance and destigmatization of the LGBTQIAP+ and sex workers community. This way, we create a safety network of allies and community, to challenge societal norms about gender and sexuality.

ACTIVITY PLAN 2026

By 2026, we expect to have grown further as an organization and to have established a strong structural foundation. The organization is ready to take the next step in professionalising the foundation through sustainability and community building within the framework of decoloniality and intersectional perspective, addressing and combating racism both within and outside the LGBTQI+ community.

Fite Qlub will continue the successful activities from 2025:

- Fite Qlub Community House - Workshop series
- Fite Qlub Festival
- Queer City
- Queer Trans Sex Workers Pride

Community events through Art & Culture

We aim to develop community events with our partners to create safer and brave spaces for the LGBTQIAP+ community to come together with other like minded people. The events will take place in different city districts to connect with neighbourhoods and to gain more visibility for different forms of gender expression and sexual orientation.

The events will primarily be in collaborations with different artistic and cultural institutions, to create a larger impact and societal change. Different institutions and city districts will attract different people and gain more allies in the fight against homophobia, transphobia and queerphobia.